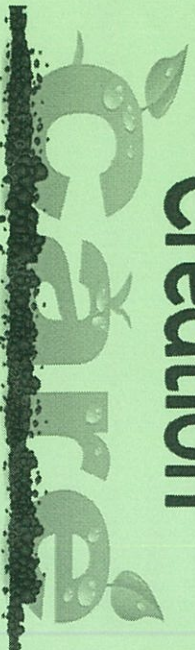


## Cleaning & Waste

- Buy second-hand goods, & resell, recycle or give away items that are no longer needed.
- Creatively recycled waste can be used to make marketable goods for an income.
- Find a recycling centre where you can dispose of tin cans, plastics, glass, paper, cardboard & polystyrene.
- Dispose of hazardous waste & e-waste appropriately, eg batteries, chemicals, paints, poisons, etc.
- Print or write on both sides of paper to reduce the number of trees felled & carbon emissions.
- Use recycled or environmentally friendly paper.
- Give unwanted clothes, books and toys to schools or charities.
- Compost biodegradable waste rather than throwing it away.
- Avoid buying what you don't need; huge amounts of energy & water are used to produce "stuff".
- Avoid buying elaborately packaged goods. Don't buy fruit and vegetables packaged in plastic.
- Use organic cleaning products that are not harmful to the environment, like vinegar & baking soda.
- Share appliances & tools with neighbours & fix them rather than replacing them. Think sustainably.

## Creation

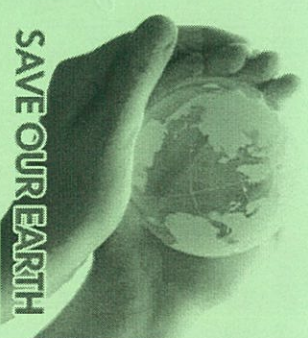


*The earth is the Lord's and everything in it,  
the world and those who live in it.  
Psalm 24:1*

## EARTHKEEPING TIPS

### ELECTRICITY

- Turn off & unplug electrical appliances that are not in use as they can use energy even when dormant (lights, TV, DVD, mobile phones & chargers, computers, etc).
- Turn down the heat (geysers, stoves, heaters)
- When cooking use pots & pans the right size for the amount of food & source of heat.
- Use only as much water as you need in the kettle for the cups of tea or coffee required.
- Install a geyser blanket to keep your water hot.
- Take shorter showers & make sure the taps are not dripping to save on water & water-heating.
- Insulate ceilings to keep your house warm or cool without using air conditioning, heaters or fans.
- Seal doors & close curtains to control the temperature.
- If you need a heater, place foil or reflective panels behind it to redirect the heat back into the room rather than allowing the walls to absorb it. Then switch it off.
- Set your fridge to a temperature that is not too cold. Never place hot food in it, as this uses more energy.
- Place your fridge on an outside wall, not in sunlight or close to an oven. Keep a gap behind it for air to circulate.
- Don't leave the fridge door standing open for long; check the seal on the door & defrost regularly.
- When buying new electrical appliances, choose energy-efficient ones.
- Fill washing machines or dishwashers.
- Hang out washing to dry in the sunlight - don't tumble dry.



**SAVE OUR EARTH**